### Nazareth School News

Office: (619)641-7987 Fax: (619)280-4652 December 11, 2020 Preschool: (619)641-7954 Extended Care: (619)618-8236

#### **NEW COVID-19 EXTENDED CARE HOURS:**

Extended Care Opening at 7:00am Extended Care Closing at 4:30pm.

#### WEEK AT A GLANCE - Dec. 13-18

SUN 3<sup>rd</sup> Sunday of Advent

MON TUES

**WED** 8am – 3:30pm - Family Gift Drop off - auditorium

Students may wear ugly Christmas Sweater or Christmas T-Shirt with jeans during Distance

Learning

THU 8am - 3:30pm - Family Gift Drop off - auditorium

8:15am, Assembly - Zoom

FRI 8:00 – 11:55am - Family Gift Drop off - auditorium

Minimum Day with 11:55am Dismissal

Students may wear Christmas Free Dress to Distance

Learning

Christmas Break – December 21-January 1 School Resumes – Monday, January 4

Nazareth School Reopening Plan - Updated 11/5/2020

Nazareth School Distance Learning Plan

Please sign and return the acknowledgement page to the above plans to the school office at office@nazarethschool.org as soon as possible. We need to have a copy of signed acknowledgement pages for every family.

#### ON CAMPUS HEALTH PROTOCALS

The two links below are the lists of Covid-19 symptoms according to the HHSA. Any person experiencing these symptoms must self-isolate for 10 days (stay at home) and may return on day 11. Please contact the office at <a href="mailto:office@nazarethschool.org">office@nazarethschool.org</a> if your child is sick.

#### **Covid Testing Locations in San Diego County**

Nazareth School On Campus Health Protocols

SD County HHSA & Office of Edu: Fever/COVID 19
Symptom Decision Tree

<u>Diocese of San Diego Travel Guidance</u> – Added 11/20/2020

#### DROP OFF/PICK UP

Thank you to the parents who continue to use the front driveway entrance, entering from below, on San Diego Mission Road, for both drop off and pick up. We ask that you try and NOT to use the Rancho Mission Road entrance (above the statue of Jesus), as traffic is backing up and causing a dangerous hazard. Please remember that it is one way only up the hill from San Diego Mission Road. The staff is working hard to temperature check your children and get them to and from class safely.

### **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact the Nazareth School office 619-641-7987 or office@nazarethschool.org. According to the HHSA, any person with these symptoms must self-isolate for 10 days (stay at home) and may return on day 11.

- Fever with or without chills/rigors (fever defined as a temperature greater than or equal to 100.0 degrees Fahrenheit that does not resolve within 30 minutes without medication)
- Cough
- Shortness of breath or difficulty breathing
- Nasal Congestion or runny nose (rhinorrhea)
- Sore throat
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Headache
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have COVID-19

#### **UGLY CHRISTMAS SWEATER DAY**

The Student Council is sponsoring an ugly Christmas sweater day on Wednesday, December 16. Students may wear an ugly Christmas sweater or Christmas t-shirt with jeans.

#### FRIDAY, DECEMBER 18

Friday, December 18 is a minimum day with 11:55am dismissal. Students may wear Christmas Free Dress to distance learning on Friday, December 18.

#### **HOT LUNCH**

Look for the January Hot Lunch menu attached to today's Nazareth News. Lunch Orders are due Tuesday, December 15. If you haven't turned in your January Lunch orders please email them to <a href="mailto:adminassist@nazarethschool.org">adminassist@nazarethschool.org</a> and mail your payment checks to the school office. You can also send in your payment to school with your child when we return January 4. We will be issuing credit for the missed December Lunches due to the school closure after we return to school in January. Credit can be used towards the February Lunch orders.

#### **SCRIP FOR CHRISTMAS**

We will be ordering Scrip on Tuesday, December 15. This will be the last order before Christmas break. Please place special or online orders by 8:30am on Tuesday. We will be selling what Scrip we have in stock in the school office until Christmas break. Please



order early to ensure delivery for Christmas.

\*\*Check out the new Raise Right Mobile App \*\*\*

#### PTG FAMILY GIFT DROP OFF

PTG is sponsoring a family gift drop off from December 16-18 in the auditorium. Any family that wishes to drop off Christmas gifts in the auditorium for any Nazareth Staff Member may do so during the following times:

Wednesday, December 16 - 8:00am - 3:30pm Thursday, December 17 - 8:00am - 3:30pm Friday, December 18 - 8:00am - 11:55am

There will be tables set up with name cards for secure gift drop off.

#### NAZARETH CHRISTMAS VIDEO

Nazareth School and Nazareth PTG are putting together an impromptu Christmas Video Celebration for our Nazareth School Families to enjoy. It will be available for viewing on December 22.

#### **NAZARETH FAMILY MEAL DEALS**

Ponce's Mexican Restaurant and Flippin' Pizza presents: \$50 FAMILY MEAL DEALS. See info flyer attached to the Nazareth News.

Enjoy the Christmas at Nazareth video w/ some DELICIOUS food from one of our Nazareth Families' restaurants!! Ponce's Mexican Restaurant OR Flippin' Pizza — Be sure to mention "Nazareth \$50 Deal." Orders must be in NO LATER THAN 12/20/20. Orders to be picked up on Tuesday, December 22nd at your specified time between 4pm-7pm at the participating restaurants. Visit them at www.poncesrestaurant.com or www.flippinpizza.com for their full menu

#### **UPCOMING IMPORTANT DATES**

01	COMITIO	TIVII ORTINI DITTES
•	12/16	8am – 3:30pm, Family Gift Drop Off -
		auditorium
•	12/16	Students may wear ugly Christmas sweaters or Christmas t-shirts with jeans
•	12/17	8am – 3:30pm, Family Gift Drop Off - Auditorium
•	12/18	8am – 11:55am, Family Gift Drop Off - auditorium
•	12/18	Minimum Day, 11:55am
•	12/18	Students may wear Christmas Free Dress
		To distance learning
_	Dogombo	n 21 Innuary 1 Christmas Vacation

- December 21-January 1 Christmas Vacation
- 12/22 Nazareth Chrismas Video Celebration
- 12/22 Nazareth Family \$50 Meal Deals
- 1/4 Classes Resume

#### STUDENT COUNCIL NEWS - TOY DRIVE

Thank you to all the families who donated toys to the Christmas Toy Drive. The response was very heartwarming. Toys for Tots is very grateful for the gifts.

#### NAZARETH SCHOOL LOGO FACE MASKS

All Nazareth School students received a free Nazareth School facemask. Parents, relatives, and friends are welcome to purchase a mask too! Cost is \$10 per mask. Please see the website form link below to order. Show your Nazareth School pride and order your mask today!

Nazareth School Logo Face Masks

December Core Value: Love Let your love for each other be real and from the heart. 1 Peter 1:22

NAZARETH SCHOOL PRAYER REQUESTS

We pray for the Alfaro Family during a difficult time with a beloved family pet.



December 11, 2020

Dear Wonderful Nazareth Families,

Our Catholic faith encourages us to remain hopeful, especially during this season of Advent as we await and prepare for Jesus' birth. Let us reflect on the December core value of Love; please take a moment to view the video "<u>The Four Candles.</u>" May we open our hearts to the coming of the Lord this Christmas season, with Peace, Faith, Love, and Hope guiding all of our actions.

"Dear God, You are my light and Salvation. You are my Hope. Please come into my heart, forgive all my wrongs, and give me Your wonderful gift of eternal life. Help me to be an instrument of Your Love and cause Your light to shine in others through me. Amen"

As we near the Christmas season, in this time of COVID-19, we are especially called to live the Core Values of the Sisters of Nazareth. It is with joy in my heart that I express how grateful I am for the entire Nazareth family. The grace with which our community pivoted to distance learning is a testament to our practice of the Core Values.

I want to extend my appreciation to our amazing teachers and staff for their hard work in making the seamless shift to distance learning. The Nazareth family is truly a gift from God! Also, thank you, parents, for working with the teachers to help your child(ren) through this difficult transition. I have faith that together, as the Nazareth community, we will get through this pandemic.

In the spirit of the Christmas season, we will be creating a video for families to watch on Tuesday, December 22. Although we will not be able to gather for the traditional Nazareth Christmas program, the video will be a holiday celebration featuring several Nazareth classes and community friends.

As we gather with our families to watch the festive video, we have an opportunity to support each other this Christmas season. Please consider participating in our school-sponsored family meal deals offered by Ponce's Mexican Restaurant and Flippin' Pizza on Tuesday, December 22. This is a chance to enjoy a delicious dinner at home while watching the Nazareth Christmas video on December 22, all in support of our Nazareth community! (Orders must be placed by Sunday, December 20. See Nazareth News and flyer for more information.)

Thank you to all of the families who have already placed their Scrip order for the Christmas season. We will be ordering the Scrip this upcoming week and it will be the last ordering opportunity before Christmas break. Make sure to place special and online orders by 8:30 A.M. on December 15, to ensure delivery for Christmas. We will be selling the Scrip we have in stock in the office from 8 A.M. to 3:30 P.M., until Christmas break.

Keep an eye out for the January Hot Lunch menu attached to today's Nazareth News. Lunch Orders are due Tuesday, December 15. If you have not already turned in your January Lunch orders, please email them to adminassist@nazarethschool.org and mail your check to the school office. You may also send in your payment with your child when we return to campus on January 4. We will be issuing credit for the December lunches that were missed due to the school closure when we return to school in January. Families may use their December Hot Lunch credits toward the February Lunch orders; please communicate your preference to Mrs. Horning at adminassist@nazarethschool.org.

If you have any questions or concerns please feel free to call the office at 619-641-7987, or email me directly at principal@nazarethschool.org.

God watch over our students, God watch over our parents and families, God watch over our teachers and staff!

God Bless,

Mrs. René Coons Principal Nazareth School



Ponce's Mexican Restaurant and Flippin' Pizza present:

# \$50 FAMILY MEAL **DEALS**

Enjoy the Christmas at Nazareth video with some DELICIOUS food from one of our Nazareth Families' restaurants!!

#### Ponce's Mexican Restaurant – 4050 Adams Avenue, 92116

6 Enchiladas (choose between Cheese, Chicken, Ground Beef, or Shredded Beef), a Pint of Rice, Beans, Guacamole, and a Half Pint of Salsa Fresca and Salsa (Spicy Red or Mild Green), and a ½ lb of Chips

#### Flippin' Pizza – 10006 Scripps Ranch Blvd, 92131

2 18in Specialty or 3-Topping Pizzas, 12 Piece Wings, Large Garden or Caesar Salad, 9 Piece Garlic Knots or 6 Piece Pepperoni Roll Ups, and 6 Cookies

Ponce's orders can be made by email at ponce@poncesrestaurant.com. Flippin' Pizzas orders can be made by calling (858) 860-5007, be sure to mention "Nazareth \$50 Deal." Orders must be in NO LATER THAN 12/20/20. Orders to be picked up on Tuesday, December 22<sup>nd</sup> at your specified time between 4pm-7pm at the participating restaurants.

> Visit them at www.poncesrestaurant.com or www.flippinpizza.com for their full menus

### Nazareth School

## December 2020

10728 San Diego Mission Road, San Diego, CA 92108 - (619)641-7987

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Core Value of the Month:  Love		Faculty Meeting 3-4:00pm	2	<b>3</b> 8:15am, Assembly – Zoom	4 8:30am, Mass at Mission San Diego Courtyard led by 5th Grade Food Drive Friday Mid-Point 2nd Quarter Minimum Day 11:55am Dismissal Turkey Trot Donations Due Online Donations close at Midnight	5
6 St. Nicholas Day  2nd Sunday of Advent	7 Students may wear Santa Hats in honor of St. Nicholas	8 Feast of the Immaculate Conception 8:30am, Mass at Mission San Diego Courtyard led by 4th Grade 2-Can Tuesday (Spirit Dress Day for 2 canned food donations)	<b>9</b> Distance Learning Begins 8:00am all classes	10 Distance Learning Begins 8:00am all classes 8:15am, Assembly - Zoom Final Turkey Trot Prize Assembly 6:00pm, PTG Board Meeting	11 Distance Learning Begins 8:00am all classes	12
13 3 <sup>rd</sup> Sunday of Advent	14 Distance Learning Begins 8:00am all classes	15 Distance Learning Begins 8:00am all classes	16 Distance Learning Begins 8:00am all classes Students may wear Ugly Christmas Sweater or Christmas T-shirts with jeans PTG Sponsored – Parent Gift Drop off 8:00am – 3:30pm-Auditorium	17 Distance Learning Begins 8:00am all classes 8:15am, Assembly – Zoom PTG Sponsored – Parent Gift Drop off 8:00am – 3:30pm-Auditorium	18 Distance Learning Begins 8:00am all classes Minimum Day 11:55am Dismissal PTG Sponsored – Parent Gift Drop off 8:00 – 11:55am - Auditorium	19
20 4 <sup>th</sup> Sunday of Advent	21	22 Nazareth Christmas Video Nazareth Family \$50 Meal Deals	23	24 Christmas Eve	25 Christmas	26
27	28	29	30	31		
h >>-	A STANSAN		Christmas Vacation – December 21 - January 1 School resumes Monday, January 4, 2021 Merry Christmas and a Blessed New Year			

Directions: ONE ORDER FORM PER CHILD

- 1. Circle or X the meals you wish to buy
- 2. Complete the information at bottom

Checks payable to:

**Nazareth School** 

- 3. Make check payable to "Nazareth School"
- 4. Return order to school by deadline date below
- 5. **DO NOT** staple or tape check to order form

**Nazareth School** 

January 2021



Orders are due by: **Tuesday**, **December 15** 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PLEASE NOTE: All meals include milk, treat, and fruit or yogurt					HELY YEAR	2
3 Salads available every Monday and Wednesday - circle meal or salad	4 Grilled Cheese Sandwich Tomato Soup OR Garden Salad	5 Chicken Taquitos Lettuce & Cheese Spanish Rice	6 Cheeseburger Lettuce, Tomato, Baked Fries OR Chicken Caesar Salad	7 Chicken Nuggets Steamed Corn	8 Minimum Day No Hot Lunch for students	9
10	11 Chicken Fettuccine Alfredo Steamed Broccoli OR Tuna Salad	12 Hot Dog Chips	13 Orange Chicken Steamed Rice OR Spring Salad w/Berries	14 Chicken Tenders Mashed Potatoes	15 Student Holiday Diocesan Prof. Growth Day No Hot Lunch for Students	16
***	18 NO SCHOOL Martin Luther King, Jr. Day	19 Beef Taquitos Lettuce & Cheese Beans	20 Macaroni & Cheese Green Beans OR Taco Salad	21 Chicken Nuggets Steamed Corn	22 Cheese Pizza Garden Salad	23
24	25 Spaghetti w/Meatballs Vegetables OR Chicken Caesar Salad	26 Chicken Taquitos Lettuce & Cheese Spanish Rice	27 Corn Dog Tater Tots OR Garden Salad w/Chicken	28 Chicken Tenders Mashed Potatoes	29 Cheese Pizza Garden Salad	
Student Name:_		Grade:				
Number of Meals	s Ordered:	Check Number:				



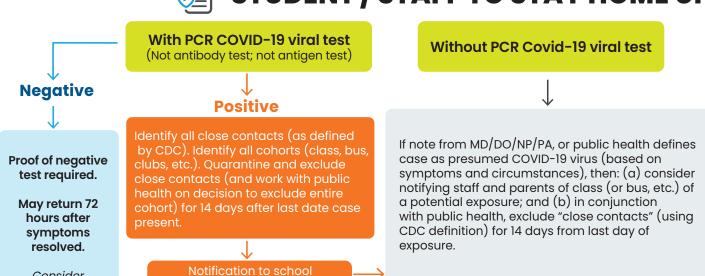
### At school, student or staff member develops any one of the following signs or symptoms:

- □ Fever with or without chills/rigors (fever defined as T > 100.0 that does not resolve within 30 min. without medication); □Cough\* □Shortness of breath □Nasal congestion/rhinorrhea (runny nose)\* □Sore throat
  - □ Nausea, vomiting, or diarrhea\* □ Fatique\* □ New loss of taste/smell □ Headache\*
    - Muscle or body aches\* Poor feeding or poor appetite\*
- Disregard this symptom if school personnel already aware of a chronic, pre-existing condition that causes the symptom. The nature of the presenting symptom (e.g., duration, intensity) must be consistent with the underlying chronic condition.

ACTION:

Apply appropriate PPE; isolate student/staff member until sent home; recommend they reach health care provider for instructions. Note: Other infections can cause same symptoms (e.g., flu, strep, etc.) but these do not rule out COVID-19 as co-occurring

### STUDENT / STAFF TO STAY HOME UNTIL...



Note from healthcare provider re: chronic illness

A signed note from a licensed MD/DO/NP/PA (who manages that condition) must: confirm the chronic diagnosis (i.e., cites labs, date-ofrecord when diagnosed); include provider's contact information; explain how symptoms are unrelated to COVID-19; and be accompanied by signed consent for school to interact with MD/DO/NP/PA.

#### May return to school immediately

**Consider individualized student** health plan to prevent any future unnecessary dismissals.



Consider

notification to

school community





community of a known case.

**Retested or Not Retested** 

\*Proof of negative test not required

If school becomes aware of one case in one cohort (shared bus, classroom, lab, team, etc.) then have school district's liaison to Public Health Department report the case for further direction on quarantine.

Isolate the case. May return when:

(a) 24 hours without fever (no meds) and (b) symptoms are

improving AND (c) at least 10 days from symptom

onset or test date.

