NAZARETH HOUSE - WYNNUM

NAZARETH NEWS REEL

February 2019

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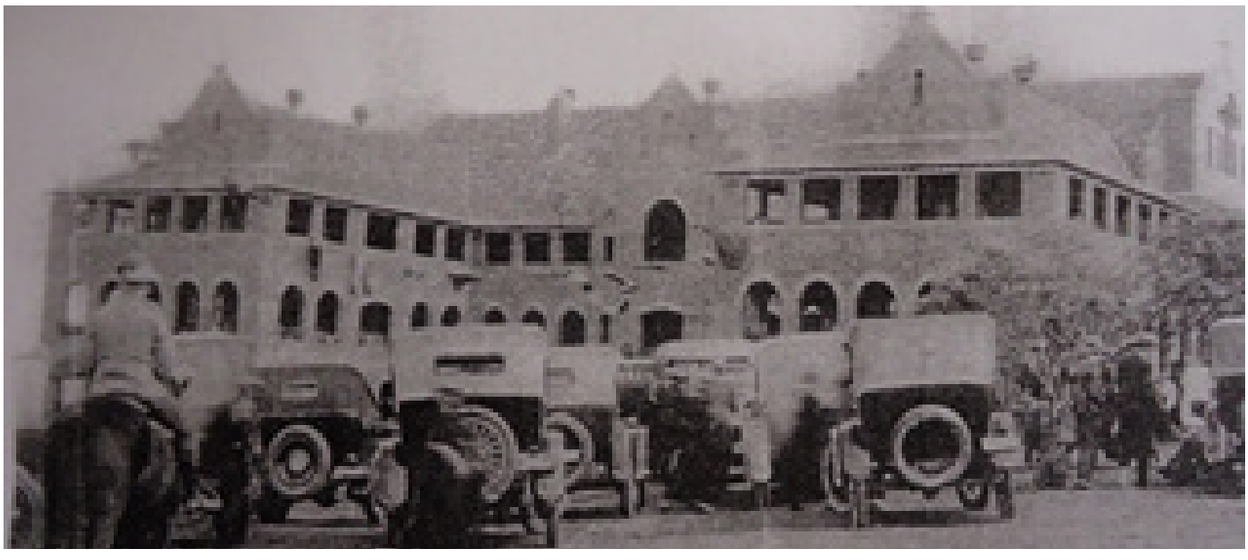

A very warm welcome to the following residents who have recently joined us at Nazareth Care Wynnum:

St Mary's: Margaret Moss

St Joseph's: Vera Melen

Birthdays for February 2019

We would like to wish the following residents a very Happy Birthday from all the Sisters, Staff and Residents of Nazareth House Wynnum:

1st	Ruth O'Sullivan
4th	Denese Watson
6th	Ena Owens
8th	Esme Rogers
14th	Ron Croft
17th	Pat Cassar
20th	Betty Ahern
22nd	Mona Quantock

This Month's Events

PLEASE NOTE:

Please check the Activity Notice boards daily as the list below may not be complete or may be subject to change

Date	Time	Activity	Venue
5 Tuesday	9:15am	Anglican Service	Oratory
6 Wednesday	9:30am	Anointing Mass	Chapel
8 Friday	10:30am	Concert: Inaccord	Hall
12 Tuesday	1:30pm	Iona College Students return for Games	Hall
14 Thursday		**HAPPY VALENTINES DAY**	
14 Thursday	10:30am	Residents' Meeting	Hall
	2:00pm	Valentines Concert with the Pink Ladies	Hall
15 Friday	10:30am	Concert: Chansons	Hall
21 Thursday	10:00am	Birthday Morning Tea	Parlour
22 Friday	10:30am	Concert: Laurie Blauw	Hall
28 Thursday	9:15am	Kindy Kids Group 1	Hall
	10:15am	Kindy Kids Group 2	Hall
PODIATRIST VISIT	7:00am	St Mary's 18/02/19 St Joseph's 13/02/19 Larmenier 13/3/19 Dates are subject to change	Each area

Please note outings restricted by numbers due to safety restrictions

passion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality

A Look Back at January

The St Mary's Courtyard has had another gardening makeover. The sunflowers that had given such a glorious display had started to die back so residents got stuck in, pulling them out and digging the garden bed over to plant some fresh new pretty items as well as making a start on the herb garden to the side.

What a sterling effort and we are sure to see the results of everyone's 'green thumbs' soon.

Teamwork

hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect •

Eileen and Mel Cheal's 50th Wedding Anniversary

What a morning of family, friends, music and celebrations.

The Cheal's shared their special moment with so many residents by inviting them to a High Tea accompanied by Robbie Dunn, Elva Walsh and her friend playing beautiful music and setting the scene making it a fun, happy atmosphere for the morning.

Thank you Mel and Eileen for including your Nazareth family in your special day.

passion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality • love • compassion • patience • justice • respect • hospitality

Birthday Morning Tea

What a wonderful treat being spoilt with a special morning tea in the Parlour.

The residents having their birthdays each month are individually invited to share their birthday in a celebration. The photos certainly reflect just how much they enjoyed their festivities.

Noticeboard

The Shop

Monday to Friday 11:30am - 1:30pm

Offering a range of treats, chips, biscuits, sweets and toiletries.

Thank you to our Volunteers who run the shop.

Knitting Club

Mondays from 1.15pm in St Marys.
See the Wellbeing and Lifestyle team for more information.

Hairdresser

Mondays from 8.30am.

Please see the nurses or the office for a referral.

Physiotherapist

Please see Nurses for a referral.
Hours - Monday - Friday am.

Dentist

Please see Nurses for a referral.

Podiatrist

Please see Nurses for a referral.

Chefs Corner

afternoon breakfast bowl

Ingredients

- 1 avocado, halved
- 1 frozen banana, chopped
- 30g kale leave and spinach
- ¾ cup coconut water
- 1 lime, halved
- 1 tbs pumpkin kernels

Method

Scoop flesh from 1/2 the avocado into a blender. Add banana, leaf mix (reserve a few) and coconut water.

Add juice of 1/2 the lime into the blender.

Blend for 30 seconds or until mixture is smooth and creamy. Pour into bowls.

Slice remaining avocado half and arrange on top with reserved salad leaves and pumpkin kernels.

Serve bowls with remaining lime half.

Trivia Corner

This months questions

1. On modern birth stone lists, which month has the opal as its birth stone?
2. Which organisation won the Nobel Peace Price in 1917, 1944, and 1963?
3. Which actress plays the role of CIA analyst ‘Charlie’ Whitney Tucker in the TV show State of Affairs?
4. Which four continents have native wolves?
5. What is the word used to describe an animal/plant that is both male and female?

Answers : In next edition.

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